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Books by G. Funakoshi (Funakoshi Gichin, November 10, 1868 April 26, 1957) is the founder of Shotokan Karate-Do, perhaps the most widely known style of karate, and is attributed as being the father of modern karate .

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Okinawan Bubishi Karate

3 It may be concluded that karate was formed by combining five most famous quan fa styles of that time (Crane, Tiger, Monk Fist, Monkey and Drunk man style).

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To Keith Yates Jim Toney Barry Guimbellot Steve Weiss

Dedication To Keith Yates, Jim Toney, Barry Guimbellot, Steve Weiss, Russ Comerski, and Steve Rich, without whom this book would never have been written.

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About the tutorial tutorialspoint com

Karate 1 About the tutorial Karate is a form of self-defence technique that requires a good balance between body and mind. The word Karate means playing empty handed .

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Technical Manual SBSS it Stefano Baldi Suraj Singh

The Technical Manual is compiled based on the materials and records from the Karate Union of Great Britain, and the current Technical Director Shihan Wo ng Tuang Seng s personal observations and experiences gained from his training and teaching at the

<http://melodycss.co/Technical-Manual-SBSS-it-Stefano-Baldi-Suraj-Singh.pdf>

Shotokan Kata

The book, on a didactic basis, supports the reader by providing tips for tactics, principles and additional applications. From the contents: In the Shotokan kata, the style-typical techniques are repeated from the first to the last kata, again and again.

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